

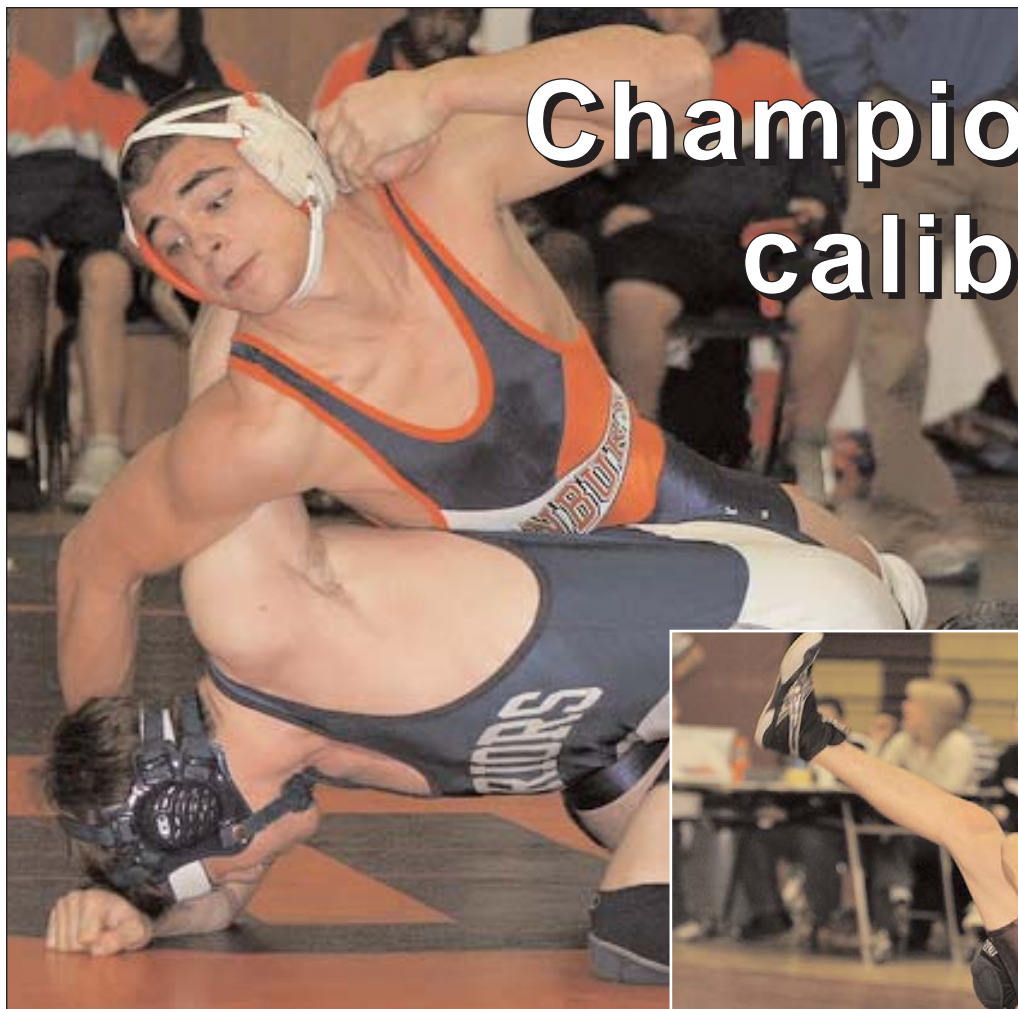
2010 All State Banquet

CONNECTICUT HIGH SCHOOL COACHES ASSOCIATION

Sunday, March 21, 2010

AquaTurf Restaurant

Southington, Conn.



Championship caliber



Athletes, scholars, coaches recognized

Connecticut High School Coaches Association 2010 All-State wrestling banquet

2010 Class S All-State

Wt: Wrestler	Coach
103: Josh Hokie, Gilbert	Doug Smith
112: Thomas Lombardi, Killingly	Rich Bowen
119: Alan Sanford, Thomaston	John Perrucci
125: Tyler Tilbe, Nonnewaug	Dave Green
130: Tylor Herrick, Killingly	Rich Bowen
135: Brandon Walsh, Griswold	Dana Cooke
140: Linbert Cousley, Derby	Buster Jadach
145: Zachary Cooke, Killingly	Rich Bowen
152: Robert Garlick, Somers	Scott Zachary
160: Michael Zabala, Classical	Marco Trillo
171: Mark Dilley, Thomaston	John Perrucci
189: Colin Beloin, Killingly	Rich Bowen
215: Ken Vollaro, Somers	Scott Zachary
285: Ronnie Walter, Nonnewaug	Dave Green

2010 Class S Tournament

At Sports Medicine Science Academy (Hartford)

Team results:

1. Somers 160
2. Nonnewaug 155½
3. Killingly 149
4. Derby 145½
5. Old Saybrook/Westbrook 127
6. Thomaston, 123½
7. Griswold 117
8. Seymour and Gilbert 111
10. Canton 97½
11. Terryville 95
12. Stafford 80½
13. Haddam Killingworth, Hartford Classical 75½
15. Housatonic 69½
16. Immaculate 55
17. Oxford 51
18. East Catholic 48½
19. Suffield 47
20. Weston 46
21. Rocky Hill, Northwestern 41
23. Morgan 41
24. St Bernard 38½
25. University/SMSA 32
26. East Windsor 32
27. Ansonia 26
28. Ellington, Coventry 24
30. Portland 23
31. Old Lyme 18
32. Windham Tech 14
33. Granby 12
34. Grasso Tech 10
35. St. Paul 8
36. Lyman Memorial 3
37. Norwich Tech 0.

Championship finals

- 103:** Josh Hoxie, Gilbert dec. Alex Paparazzo, Nonnewaug, pin, 1:23;
112: Thomas Lombardi, Killingly dec. Carlos Vidal, Seymour, 8-3
119: Alan Sanford, Thomaston dec. D.J. Russo, Terryville, 12-4
125: Tyler Tilbe, Nonnewaug dec. Steven Carpenter, Canton, 14-1
130: Tylor Herrick, Killingly pin Tyler O'Connor, Derby, 5:19
135: Brandon Walsh, Griswold def. Dalton Ahern, Westbrook/Old Saybrook, 4-0
140: Linbert Cousley, Derby def. Troy Zachary, Somers, 5-3 OT
145: Zachary Cooke, Killingly dec. Matthew Janiga, Ellington, 10-2
152: Robert Garlick, Somers def. Bryan Cryder, Westbrook/Old Saybrook, 7-1
160: Michael Zabala, Classical dec. Nicholas O'Connor, Ansonia, 5-1
171: Mark Dilley, Thomaston pin Ross Lopardo, Gilbert, 1:17
189: Colin Beloin, Killingly pin Carmine Magnoli, Weston, 1:32
215: Kenneth Vollaro, Somers def. Brandon Mcdowell, Morgan, 7-1
285: Ronnie Walter, Nonnewaug pin Tim Zeitler, Northwestern, 4:42
Outstanding wrestler: Tyler Tilbe, Nonnewaug
Fast fall: Justin Waltzer (285), Immaculate, 4 Pins, 2:33

Did you know?

- Somers won its first-ever state championship
- Alan Sanford (119), Tyler Tilbe (125), Rob Garlick (152) win 2nd straight S titles

2010 Class M All-State

Wt: Wrestler	Coach
103: Joelle Nieves, Waterford	Chris Gamble
112: Chris Catanzaro, RHAM	Ryan Fitch
119: Taylor Grauer, Windham	Pat Risley
125: Miguel Calixto, Windham	Pat Risley
130: Forest Dolby, Cheney Tech	Eric White
135: Taylor Gunnels, Ledyard	Jason Lanoue
140: Nicholas Giulietti, Sheehan	Don Miller
145: P.J. Mickens, Bacon Academy	Michael Voiland
152: Andrew Ford, Bethel	Bob Owen
160: Dustin Wilcox, Montville	Gary Wilcox
171: Eric Brainard, RHAM	Ryan Fitch
189: Shane Battista, Waterford	Chris Gamble
215: Luke Wiggins, Waterford	Chris Gamble
285: Matthew McMahon, Montville	Gary Wilcox

2010 Class M Tournament

At Windham

Team results:

1. Bacon Academy 206
2. Waterford 190
3. RHAM 162½
4. Ledyard 144½
5. Montville 134
6. Plainville 128½
7. Bethel 110½
8. Windham 106
9. Berlin 95
10. Guilford 85
11. Jonathan Law 76
12. Avon 72½
13. Holy Cross 66
14. Rockville 63
15. Platt High 57
16. Wolcott Tech 52
17. East Haven 51
18. Brookfield 51
19. Cheney Tech 49
20. Stratford 45
21. Enfield 41
22. Weaver 36
23. Branford 35
24. New Fairfield 34½
25. Fermi 32
26. Vinal Tech 31
27. Foran 31
28. Sheehan 27
29. Joel Barlow 17
30. Ellis Tech 6
31. New London 5
32. Plainfield 2

Did you know?

- Bacon Academy wins its first-ever state title
- Bethel's Andrew Ford (152) wins 3rd straight M title
- An ECC team wins Class M title for 8th straight year

Championship finals

- 103:** Joelle Nieves, Waterford dec. Matt McAllister, Bacon Academy, 4-3
112: Chris Catanzaro, RHAM dec. Colin O'Brien, Waterford, 10-4
119: Taylor Grauer, Windham dec. Jason Richardson, Jonathan Law, 13-5
125: Miguel Calixto, Windham dec. Sean McAllister, Bacon Academy, 14-6
130: Forest Dolby, Cheney Tech def. Alex Neal, Brookfield, 8-2
135: Taylor Gunnels, Ledyard def. Zachary Deer, Waterford, 3-2
140: Nicholas Giulietti, Sheehan dec. Timothy Proctor, Guilford, 4-1
145: P.J. Mickens, Bacon Academy def. William Bonagura, Bethel, 2-1
152: Andrew Ford, Bethel pin Jesse Broderick, New Fairfield, 1:08
160: Dustin Wilcox, Montville def. Danny Thompson, Bacon Academy, 11-4
171: Eric Brainard, RHAM def. Shane Sullivan, Ledyard, 3-2
189: Shane Battista, Waterford def. Aren Norman, Bacon Academy, 3-0
215: Luke Wiggins, Waterford def. Mason Powers, Berlin, 3-1
285: Matthew McMahon, Montville def. Stefano Celli, Plainville, 5-4
Outstanding wrestler: Andrew Ford, Bethel
Fast fall: Chris Valenti (285), Bethel 5 pins in 12:23

Connecticut High School Coaches Association 2010 All-State wrestling banquet

2010 Class L All-State

Wt: Wrestler	Coach
103: Conor Kirkegard, New Milford	Chris Piel
112: Victor Ekpenyong, Middletown	Mark Fong
119: Nick Amorando, New Milford	Chris Piel
125: Ed Carroll, Hand	Dave D'Alessio
130: Brendan Quinn, Pomperaug	Mike O'Keefe
135: Seth Vose, Bristol Central	Brian Archibald
140: Aaron Cardona, Maloney	Joe Ferreira
145: Cameron Gonzalez, Fitch	Mark Kosman
152: Brian Onofrio, Hand	Dave D'Alessio
160: Justin Scalise, Hall	Anthony Weber
171: Devon Carrillo, Middletown	Mark Fong
189: Sean O'Connell, Farmington	Eric Misko
215: Adam Lynch, New Milford	Chris Piel
285: Larry Burns, Conard	Chris Glowacki

2010 Class LL All-State

Wt: Wrestler	Coach
103: Sam O'Dell, South Windsor	Jude Knapp
112: Tyler Keane, Glastonbury	Rob Levesque
119: Charlie Costanzo, Danbury	Ricky Shook
125: John Damici, Danbury	Ricky Shook
130: Casey Mitchell, So. Windsor	Jude Knapp
135: Joe Sargenti, South Windsor	Jude Knapp
140: Tyler Cunningham, Xavier	Mike Cunningham
145: Jake O'Dell, South Windsor	Jude Knapp
152: Travis Tiger, Ridgefield	Gary Tiger
160: Alex Carpenter, Amity	Gill Jennings
171: Kyle Copes, Cheshire	Don Miller
189: Tito Slaughter, New Haven	Chris DeBlock
215: Patrick Gillen, Shelton	Bill Maloney
285: Jeff Starr, Brien McMahon	Joe SantaLucia

2010 Class L Tournament

At Bristol Central

Team results:

1. Fairfield Warde 207
2. New Milford 201½
3. Hand 178
4. Bristol Central 147½
5. Bristol Eastern 128½
6. Conard 115
7. Middletown 108
8. E.O. Smith 93½
9. Newington 90
10. Masuk 89
11. New Canaan 79½
12. Farmington 79
13. Hall 77
14. Maloney 75
15. Pomperaug 73
16. Fitch 71½
17. East Lyme 65½
18. Darien 59½
19. Woodstock Academy 52
20. Fairfield Ludlowe 51
21. Wethersfield 47½
22. Wilton 32
23. Norwalk 30
24. Bunnell 30
25. Torrington 16
26. Notre Dame-West Haven 5½
27. Windsor 0.

Championship finals

- 103:** Conor Kirkegard, New Milford dec. Andrew Chase, Bristol Eastern, 4-2
- 112:** Victor Ekpenyong, Middletown def. Ross Spencer, East Lyme, 14-2
- 119:** Nick Amorando, New Milford pin Cody Hawley, Fitch, 1:42
- 125:** Ed Carroll, Hand dec. Evan Fraser, Fairfield Warde, 5-4
- 130:** Brendan Quinn, Pomperaug dec Nick Cyr, Bristol Central, 5-3, OT
- 135:** Seth Vose, Bristol Central def. John Jongbloed, Hand, 3-2;
- 140:** Aaron Cardona, Maloney dec. Lucas Muntz, Conard, 6-5
- 145:** Cameron Gonzalez, Fitch dec. Bobby Rigilano, Fairfield Warde, 7-2
- 152:** Brian Onofrio, Hand pin Thomas Anania, Fairfield Warde, 0:34
- 160:** Justin Scalise, Hall def. Brohen Krsulic, Woodstock Academy, 4-0
- 171:** Devon Carrillo, Middletown dec. Mike Sheehan, Fairfield Ludlowe, 6-0
- 189:** Sean O'Connell, Farmington dec. Tom Clarke, E.O. Smith, 25-8
- 215:** Adam Lynch, New Milford pin Erik Tucker, Masuk, 3:02
- 285:** Larry Burns, Conard dec. Joe Dimichele, Hand, 3-1

Outstanding wrestler: Brian Onofrio, Hand
Fast fall: Brian Onofrio (152), Hand 4 pins in 3:41

Did you know?

- Warde wins 3rd Class L title in five years, 2nd straight
- Brian Onofrio (152) wins 3rd straight Class L title
- Victor Ekpenyong (112), Justin Scalise (160), Sean O'Connell (189) and Adam Lynch (215) win 2nd straight L title. Aaron Cardona wins 2nd L title in 3 years

2010 Class LL Tournament

At Shelton

Team results:

1. Danbury 209½
2. South Windsor 196
3. Xavier 156
4. Shelton 145½
5. Trumbull 103
6. Amity 101
7. Glastonbury 98
8. Southington 94½
9. Greenwich 86½
10. Simsbury 85
11. Brien McMahon 83
12. NFA 80
13. Cheshire 79½
14. Stamford 72½
15. Manchester 71½
16. Ridgefield 69
17. Fairfield Prep 61
18. Newtown 52½
19. Westhill 43
20. East Hartford 42
21. Staples 40
22. New Britain 32
23. New Haven 28
24. Platt Tech/West Haven 27
25. Warren Harding 10
26. Bridgeport Central 0.

Championship finals

- 103:** Sam O'Dell, South Windsor dec. Dylan Bryant, Danbury, 3-2
- 112:** Tyler Keane, Glastonbury def. Brian Jennings, Danbury, 4-3
- 119:** Charles Costanzo, Danbury dec Ben Pierre Saint, Stamford, 3-1
- 125:** John Damici, Danbury dec. Jed Cervero, Cheshire, 4-2
- 130:** Casey Mitchell, South Windsor def. Benjamin Anderson, Trumbull, 4-0
- 135:** Joe Sargenti, South Windsor pin Kane Jarmon, NFA, 2:38
- 140:** Tyler Cunningham, Xavier dec. Nick Cipriano, NFA, 5-3
- 145:** Jake O'Dell, South Windsor pin Alex Amador, Fairfield Prep, 1:50
- 152:** Travis Tiger, Ridgefield dec. Nicholas Stemm, Simsbury, 12-1
- 160:** Alex Carpenter, Amity def. William Pogacsus, Shelton, 7-2
- 171:** Kyle Copes, Cheshire dec. Mike Frizinia, Shelton, 11-10
- 189:** Tito Slaughter, New Haven pin Quincy Thomas, South Windsor, 5:40
- 215:** Pat Gillen, Shelton dec. Bryan Barnash, Trumbull, 17-2
- 285:** Jeff Starr, Brien McMahon pin Matthew Kunkel, Xavier, 1:42

Did you know?

- Danbury has won more Class LL titles (16) than any other team and won its state-record 14th straight Class LL title this year
- South Windsor finishes second for the first time
- Charlie Costanzo wins 3rd straight Class LL title. John Damici and Joe Sargenti win 2nd straight LL titles

Outstanding wrestler: Patrick Gillen (215), Shelton
Fast fall: Steven Storozuk (285), Manchester, 4 Pins in 6:22

Connecticut High School Coaches Association 2010 All-State wrestling banquet

2010 State Open champions

Wt: Wrestler	Coach
103: Andrew Chase, Bristol Eastern	Bryant Lishness
112: Victor Ekpenyong, Middletown	Mark Fong
119: Charlie Costanzo, Danbury	Ricky Shook
125: Tyler Tilbe, Nonnewaug	Dave Green
130: Brendan Quinn, Pomperaug	Mike O'Keefe
135: Joe Sargenti, South Windsor	Jude Knapp
140: Nick Giulietti, Sheehan	Don Miller
145: P.J. Mickens, Bacon Academy	Michael Voiland
152: Andrew Ford, Bethel	Bob Owen
160: Alex Carpenter, Amity	Gill Jennings
171: Kyle Copes, Cheshire	Don Miller
189: Shane Battista, Waterford	Chris Gamble
215: Patrick Gillen, Shelton	Bill Maloney
285: Ronnie Walter, Nonnewaug	Dave Green

2010 State Open Tournament

At New Haven

Team results: 1. Danbury, 98½
 2. South Windsor, 84
 3. New Milford, 67½
 4. Daniel Hand, 64
 5. Bacon Academy, 57
 6. Fairfield Warde, 54½
 7. Waterford, 50
 8. Middletown, 49
 9. Nonnewaug, 48
 10. Xavier, 45
 11. Bethel, 43
 12. Windham High, 37½
 13. Glastonbury, 37
 14. Shelton and Montville, 36
 16. Cheshire, 34
 17. Ledyard, 32½
 18. Griswold, Conard, Bristol Eastern, Amity, 32
 22. Jonathan Law, 28
 23. Somers, RHAM, Killingly, 26
 26. Sheehan, Pomperaug, 22
 28. Cheney Tech, 21½
 29. New Fairfield, East Lyme, Brien McMahon, 20
 32. New Haven, 19
 33. Maloney, 18
 34. Farmington, 16
 35. Stamford, Manchester, Derby, 15
 38. Hall, 14½
 39. Berlin, 12
 40. Westhill, Plainville, Fitch, Old Saybrook/Westbrook, Greenwich, Hartford Classical 11
 46. NFA, Newington, 9
 48. Woodstock Academy, Trumbull, Terryville, Simsbury, Canton, Bristol Central 8
 54. Gilbert, Avon, 6
 56. Weaver, Ridgefield, Fairfield Ludlowe, Fairfield Prep 5
 60. Thomaston, New Canaan, East Catholic, Ansonia 4
 64. Guilford, Brookfield, 3

66. Wolcott Tech, Wilton, Seymour, East Hartford, Coventry 2
 71. Stafford, Masuk, E.O. Smith, Platt Tech/West Haven, Darien, Haddam-Killingworth, Bunnell 1

Championship results

103: Andrew Chase, Bristol Eastern dec. Conor Kirkegard, New Milford, 7-5 OT
112: Victor Ekpenyong, Middletown dec. Ross Spencer, East Lyme, 14-2
119: Charlie Costanzo, Danbury dec. Taylor Grauer, Windham, 3-1
125: Tyler Tilbe, Nonnewaug dec. Ed Carroll, Daniel Hand, 6-4 OT
130: Brendan Quinn, Pomperaug dec. Casey Mitchell, South Windsor, 4-2 OT
135: Joe Sargenti, So. Windsor def. Brandon Walsh, Griswold, 7-1
140: Nick Giulietti, Sheehan dec. Aaron Cardona, Maloney, 5-4
145: P.J. Mickens, Bacon Academy dec. Jake O'Dell, South Windsor, 5-3 OT
152: Andrew Ford, Bethel dec. Jesse Broderick, New Fairfield, 13-3
160: Alex Carpenter, Amity pin Dustin Wilcox, Montville, 4:28
171: Kyle Copes, Cheshire dec. Devon Carrillo, Middletown, 11-3
189: Shane Battista, Waterford dec. Tito Slaughter, New Haven, 3-2, 2 OT
215: Pat Gillen, Shelton def. Luke Wiggins, Waterford, 4-2 OT
285: Ronnie Walter, Nonnewaug dec. Jeff Starr, McMahon, 3-1 OT
Outstanding Wrestler: Ekpenyong (112), Middletown
Fast fall: J.A. Richardson (119), Jonathan Law, 3 Pins in 7:06

2010 New England Tournament

At New Haven

First place

119: Charlie Costanzo, Danbury 3rd time in final, 43-1
 215: Patrick Gillen, Shelton No points allowed NE, 49-0

Second place

103: Andrew Chase, Bris. Eastern 1st BE wrestler in final

Third place

125: Miguel Calixto, Windham Won 6 in row in consolation

Fourth place

103: Conor Kirkegard, New Milford Sophomore, 2nd Open
 112: Victor Ekpenyong, Middletown Sr. captain, Open champ
 140: Nicholas Giulietti, Sheehan One-man team, 35-2
 145: Jake O'Dell, South Windsor Jr., 5 wins at NE
 152: Jesse Broderick, New Fairfield 2nd in M, Open, 50-6
 160: Alex Carpenter, Amity Sr., 46-3, won LL, Open
 171: Devon Carrillo, Middletown So., 1st L, 2nd Open

Fifth place

189: Shane Battista, Waterford 45-0 thur Open, 49-2 final

Sixth place

112: Ross Spencer, East Lyme 2nd L, Open
 152: Andrew Ford, Bethel 53-3, 42 pins, 1st Open
 160: Dustin Wilcox, Montville Sr., 44-6, 2nd Open
 189: Aren Norman, Bacon Acad. 4th Open, 2nd M

Team results

■ **Top 5:** 1. Timberlane-Plaistow (NH) 89, 2. Burlington (MA) 75½, 3. Cumberland (RI) 69, 4. Pinkerton Academy-Derry (NH) 58½, 5. Haverhill (MA) 57
 ■ **Connecticut teams:** 6. Danbury 50½, 14. Middletown 36, 22. Shelton 27, 27. New Milford 24, 30. Bristol Eastern 21½, 39. New Fairfield 18, 43. Amity, Bethel, Conard, Windham High 16, 48. Bacon Academy, Waterford 15; 50. Sheehan High 14, 54. Glastonbury, Nonnewaug 13; 56. Ledyard 12, 68. East Lyme 10½, 69. Montville 10, 76. Jonathan Law 8, 81. Farmington 7, 88. Hand 6, 96. Fairfield Warde, New Haven, Pomperaug 5, 103. Stamford 4, 115. Cheshire 3, 120. Maloney 2
Outstanding wrestler: Michael Meyers (125), Warwick, R.I.
Outstanding final: 140 pounds: Jordan Michelson (Needham, MA) pin Collin Crowell (Pinkerton Academy, NH)

Connecticut Wrestling Online

Your online source for the latest high school wrestling scores and stories

<http://www.homestead.com/ctwrestling7/index1.html>

Connecticut High School Coaches Association 2010 All-State wrestling banquet

2010 STATE AWARDS

COACH OF THE YEAR AWARDS

Class LL: Ricky Shook, Danbury
Class L: Jason Shaughnessy, Fairfield Warde
Class M: Michael Voiland, Bacon Acad.
Class S: Scott Zachary, Somers

ASSISTANT COACH OF THE YEAR

Class LL: Matt Laskowski, Danbury
Class L: Ryan Fitzsimmons, New Milford
Class M: Mike Morris, Bacon Academy
Class S: Mark Rivard, Somers

COACH OF THE YEAR

Chris Piel, New Milford

WRESTLER OF THE YEAR

Charlie Costanzo, Danbury

PREVIOUS WINNERS

COACH OF THE YEAR

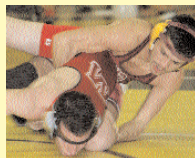
2009: Mike Cunningham, Xavier (LL), Jason Shaughnessy, Fairfield Warde (L), Chris Gamble, Waterford (M), Rich Bowen, Killingly (S)
2008: Michael Voiland, Bacon Academy
2007: Mark Fong, Middletown
2006: Ricky Shook, Danbury (LL), Jason Shaughnessy, Fairfield Warde (L), Pat Risley, Windham (M), Dana Cooke, Griswold (S)
2005: Ricky Shook, Danbury (LL); Steve Bilheimer, Ledyard (L), Chris Gamble, Waterford (M), Darek Schibi, Northwestern Regional (S)
2004: Ricky Shook, Danbury (LL); Patrick Cox, Rockville (L); Pat Risley, Windham (M), David Green, Nonnewaug (S)
2003: Rich Bowen, Killingly
2002: Ted Oczkowski, Bridgeport Central
2001: Peter Sepko, Southington
2000: Ricky Shook, Danbury
1999: John Nimock, Danbury
1998: Bob Serrano, New Fairfield
1997: John Nimock, Danbury
1996: Barry Bernstein, Manchester
1995: unknown

ASSISTANT COACH OF THE YEAR

2009: Kyle St. George, Xavier (LL), Matt Boissoneault, Bristol Central (L), Reggie Allen, Waterford (M), Gary Tilbe, Nonnewaug (S)
2008: Rafael Calixto, Windham High
2007: Matt Laskowski, Danbury (LL), Tim D'Aquila, Middletown (L), Mike Heuschneider, Ledyard (M), John Horton, Griswold (S)
2006: Matt Laskowski, Danbury (LL), Robert Gillen, Fairfield Warde (L), Jaime Valetin and Rafael Calixto, Windham (M), John Horton, Griswold (S)
2005: Steve Kaplanis, Danbury (LL), Mike Heuschneider, Ledyard (L), Steve Welch, Waterford (M); Derek Schibi, Northwestern Regional (S)
2004: Gary Tilbe, Danbury (LL); Mark Lawrence, Rockville (L); Jaime Valentin, Windham (M), Rafael Calixto, Windham (M); Chris Martinelli, Nonnewaug (S)
2003: John Taylor, East Haven
2002: Gary Tilbe, Danbury
2001: Derek Dion, Southington
2000: Joe DiMartino, Derby
1999: Ricky Shook, Danbury
1998: Ricky Shook, Danbury
1997: Ricky Shook, Danbury
1996: Mark Raymond, New Fairfield
1995: Walter Lee, Manchester

WRESTLER OF THE YEAR

2009: Charlie Costanzo, Danbury (119)
2008: Derek Fish, Hand (145)
2007: T.J. Hepburn, Ledyard (140)
2006: Bran Crudden, Windham (171)
2005: Joey Martin, Simsbury (119)
2004: Brandon Stavola (135), Amity and Greg Dussol (152), RHAM
2003: Anthony Hayes (140), Danbury
2002: Lee Mannion (135), Fairfield
2001: Allyn Quibble (140), Ledyard
2000: Nick Ciarcia (160), Xavier
1999: Anthony Reynolds (189), Berlin
1998: Brendan Harris, Somers
1997: Leo Lopes (125), Danbury
1996: Roberto Serrano (152), N. Fairfield
1995: Orville Palmer (189), Middletown



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Connecticut High School Coaches Association

2010 All-State wrestling banquet

CLASS LL

Kyle Copes, Cheshire, 1st 171
 Jake Reid, Cheshire, 6th 215
 Dylan Bryant, Danbury, 2nd 103
 Brian Jennings, Danbury, 3rd 112
(4) Charlie Costanzo, Danbury, 1st 119
 J.D. Damici, Danbury, 1st 125
 Tyler Arsenault, Danbury, 5th 140
 John Smith, Danbury, 3rd 160
 Tyler Hancock, Danbury, 5th 171
 Cody Keane, Glastonbury, 3rd 103
 Nick Puchalsky, Glastonbury, 3rd 171
 Jason Rojas, Fairfield Prep, 4th 119
 Joseph Roberts, Fairfield Prep, 4th 135
 Alex Amador, Fairfield Prep, 2nd 145
 Christian Hammon, NFA, 4th 130
 Nick Cipriano, NFA, 2nd 140
 Colin Paulish, Ridgefield, 4th 135
 Duncan Cozens, Ridgefield, 6th 171
 Ed Hunt, Shelton, 6th 130
 Ricky Jordon, Shelton, 4th 140
 William Pogacsas, Shelton, 2nd 160
 Mike Frizinia, Shelton, 2nd 171
 Robert Gelozin, Shelton, 5th 189
 Pat Gillen, Shelton, 1st 215
 Daniel Calzarette, Simsbury, 3rd 130
 Spencer Brickley, Simsbury, 4th 160
 Sam O'Dell, South Windsor, 1st 103
 Jake O'Dell, South Windsor, 1st 145
 Doug Fontaine, Southington, 5th 130
 Clifford Magloire, Stamford, 6th 112
 Ben Pierre Saint, Stamford, 2nd 119
 Bryan Polonia, Stamford, 3rd 145
 Ryan Butler, Xavier, 6th 135
 Tyler Cunningham, Xavier, 1st 140
 Elliot Antler, Xavier, 6th 145
 Sean Marinar, Xavier, 5th 215

CLASS L

Colin Lombardi, Bristol Central, 6th 125
 Seth Vose, Bristol Central, 1st 135
 Matt Marquis, Bristol Eastern, 4th 145
 Mike Lipka, Bristol Eastern, 5th 160
 Lucas Muntz, Conard, 3rd 140
 Liam Fitzpatrick, Darien, 6th 160
 Kareen Small, East Lyme, 6th 103
 Zach Garoffolo, Fairfield Ludlowe, 6th 152
 Ian McAllister, Fairfield Warde, 3rd 135
 Luke Allen, Fairfield Warde, 5th 140
 Cameron Gonzalez, Fitch, 1st 145
 William Lerner, Hall, 3rd 189
 Jake Savoca, Hand, 3rd 119
 Eddie Carroll, Hand, 1st 125
 Max Flanagan, Hand, 5th 130
 John Jongbloed, Hand, 2nd 135
 Brian Onofrio, Hand, 1st 152
 Kevin Hein, Masuk, 5th 135
 Eric Tucker, Masuk, 2nd 215
 Chris White, New Canaan, 3rd 215
 Conor Kirkegard, New Milford, 1st 103

'10 ACADEMIC ALL-STATE

- ▶ Top 6 in LL, L, M or S tournaments
- ▶ Average at least 85 percent in the previous marking period and have no grade lower than B (80 percent)
- ▶ maintain highest level of behavioral discipline in eyes of the school's administration.

Alexander Thalassinos, N. Milford, 4th 112
 Matthew Saraceno, New Milford, 6th 171
 Brian Amato, Newington, 4th 103
 Chris Chorzepa, Newington, 3rd 125
 Andrew Gotowala, Newington, 3rd 130
 Fred Reish, Norwalk, 5th 125
 Ian Jones, Pomperaug, 6th 285

CLASS M

Ryan Pearson, Avon, 5th 160
 Matt McAllister, Bacon Academy, 2nd 103
 Sean McAllister, Bacon Acad., 2nd 125
 P.J. Mickens, Bacon Academy, 1st 145
 Duncan MacKinnon, Bacon Acad., 4th 152
 Devin Covone, Bacon Academy, 4th 171
 William Bonagura, Bethel, 2nd 145
(4) Andrew Ford, Bethel, 1st 152
 Peter Gallagher, Bethel, 5th 171
 Chris Valenti, Bethel, 3rd 285
 Saroj Bhandari, Branford, 4th 112
 Forest Dolby, Cheney Tech, 1st 130
 William Durant, Holy Cross, 3rd 135
 Ryan Parker, Holy Cross, 4th 160
 David Milite, Holy Cross, 6th 189
 Ryan Kalnins, Holy Cross, 6th 215
 Jason Richardson, Jonathan Law, 2nd 119
 Sam Grace, Jonathan Law, 6th 140
 Ted Kostopoulos, Jonathan Law, 3rd 215
 Matt Jones, Ledyard, 3rd 103
 Taylor Gunnels, Ledyard, 1st 135
 Brendan Sullivan, 6th 145
 Kyler Fricke, Montville, 6th 103
 Dustin Wilcox, Montville, 1st 160
 Jesse Broderick, New Fairfield, 2nd 152
 Brian Lister, Plainville, 5th 112
 Vincenzo Russo, Plainville, 6th 119
 Matthew Tanner, Plainville, 3rd 140
 Stefano Celli, Plainville, 2nd 285
 Erik Francks, Platt High, 3rd 125
 Mike Carrero, Platt High, 6th 160
 Will Gerardi, RHAM, 4th 119
 Kyle Schilling, RHAM, 3rd 130
(4) Nick Giulietti, Sheehan, 1st 140
 Colin O'Brien, Waterford, 2nd 112
 Clancy Emanuel, Waterford, 5th 140
 James Cole, Weaver, 3rd 160
 Taylor Grauer, Windham High, 1st 119
 Nathan Fleming, Windham High, 5th 215
 Jack McKeever, Brookfield, 5th 125

Alex Neal, Brookfield, 2nd 130

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Nicholas O'Connor, Ansonia, 2nd 160
 Brian Dobek, Derby, 4th 145
 Jesse Gilbert, Derby, 3rd 215
 Scott Gonzalez, East Catholic, 3rd 125
 Mark Gonzalez, East Catholic, 3rd 140
 Seth Miller, East Windsor, 6th 140
 Matt Janiga, Ellington, 2nd 145
 Dylan Martel, Griswold, 4th 103
 Brandon Walsh, Griswold, 1st 135
 Jeff Talbot, Griswold, 6th 189
 Matt Revis, Haddam-Killingworth, 6th 112
 Eric Gambardella, H-Killingworth, 5th 215
 Tommy Lombardo, Killingly, 1st 112
 Tylor Herrick, Killingly, 1st 130
 Zach Cooke, Killingly, 1st 145
 Colin Beloin, Killingly, 1st 189
 Alex Paparazzo, Nonnewaug, 2nd 103
 Tyler Tilbe, Nonnewaug, 1st 125
 Brian Reilly, Nonnewaug, 4th 130
 Jon Hutter, Nonnewaug, 6th 152
 D.J. Hardisty, Nonnewaug, 3rd 160
 Alex Bozenhard, Old Lyme, 4th 171
 Eric Manuel, Old Saybrk/Wstbrk, 3rd 112
 Bryan Cryder, Old Saybrk/Wstbrk, 2nd 152
 Brandon Straborny, Seymour, 5th 103
 Carlos Vidal, Seymour, 2nd 112
 Nick Zachary, Somers, 3rd 103
 Troy Zachary, Somers, 2nd 140
(4) Robert Garlick, Somers, 1st 152
 Kyle Foster, Somers, 5th 171
 Ken Vollaro, Somers, 1st 215
 Tucker Fontanella, Stafford, 6th 171
 Daryn Russo, Terryville, 2nd 119
 Dom Folino, Terryville, 6th 145
 Jon Draper, Terryville, 3rd 189
 Alan Sanford, Thomaston, 1st 119

(4) Four-times as Academic All-State

Did you know?

■ Prior to this year, 13 wrestlers earned Academic All-State honors four straight seasons.

Tom Serrano, New Fairfield, 1995-98
 Rob Latour, Bristol Eastern, 1995-98
 Anthony Reynolds, Berlin, 1996-99
 Kevin Scheideler, Canton, 1997-2000
 Chris Scheinberg, East Catholic, 1998-01
 Louis Murillo, Platt High, 1999-02
 Josh Kaplan, Canton, 1999-02
 Tom Izzo, Derby, 2004-07
 Alex Blank, Ridgefield, 2005-08
 John Fiorillo, Berlin, 2005-08
 Michael Battinelli, Stamford, 2005-08
 Michael Bellagamba, N. Milford, 2005-08
 Tyler Banks, Griswold, 2005-08